



# Community Health Assessment Survey

## BAY ST. GEORGE AREA

### RESULTS

#### 2019-2020

268



**RESPONDENTS FROM BAY ST. GEORGE AREA**

45%



**MAJORITY FROM STEPHENVILLE**

26%



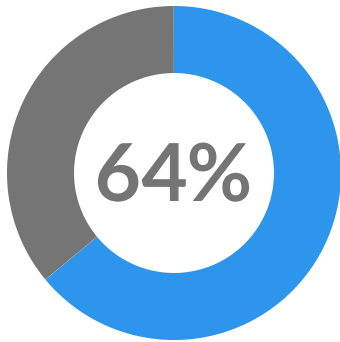
**MAJORITY IN THE 36-45 AND 46-55 AGE GROUPS**

#### HEALTH INFORMATION

#### HEALTH SERVICES

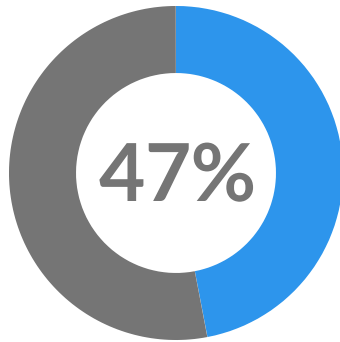
#### ACCESS

#### HEALTH STATUS



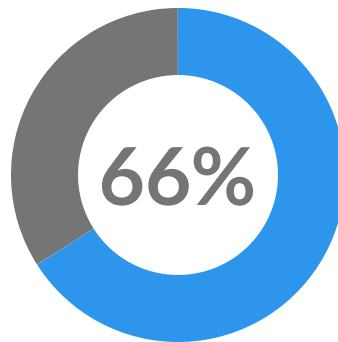
##### SEARCH THE INTERNET

Majority (64%) of respondents go to their family doctor when they are looking for health related information



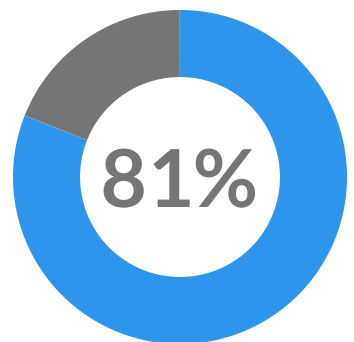
##### SATISFACTION

Majority (47%) of respondents were satisfied or very satisfied with health care services they used in the past 12 months



##### REQUIRED HEALTH SERVICES

Majority (66%) of respondents indicated they were able to access a required health service



##### PHYSICAL HEALTH

Majority (81%) of respondents reported their physical health was excellent or very good

#### TOP THREE COMMUNITY CONCERNS:

1. Addictions (27%)
2. Cost of living (23%)
3. Chronic disease (20%)

#### TOP THREE BEHAVIORS TO IMPROVE HEALTH:

1. Physical activity (88%)
2. Eat healthier (83%)
3. Reduce stress (81%)

#### TOP THREE WAYS WESTERN HEALTH CAN MAKE A DIFFERENCE:

1. Improve access and wait times to mental health services
2. Improve recruitment and retention of health care providers
3. Explore ways to improve staff health and wellness by offering support and resources

For the full regional and individual primary health care reports, visit the [Western Health website](#).